



STATE OF OUR ESTUARY

Reporting on the Health of the San Francisco Estuary

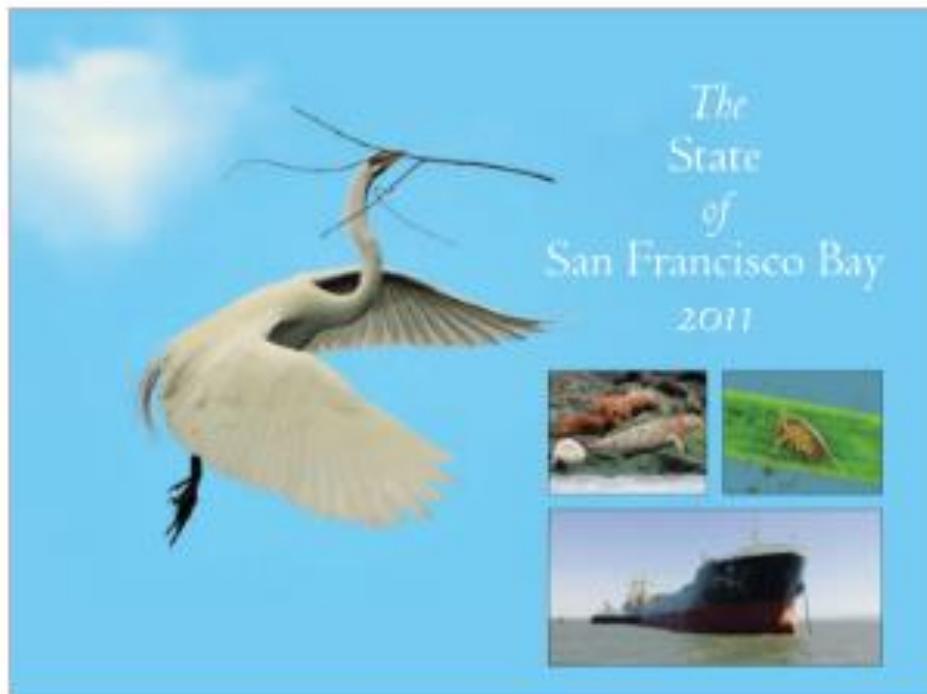
San Francisco Bay Conservation & Development Commission
February 19, 2026

Caitlin Sweeney, San Francisco Estuary Partnership
Alex Thomsen, San Francisco Estuary Partnership
Laura Feinstein, San Francisco Estuary Institute

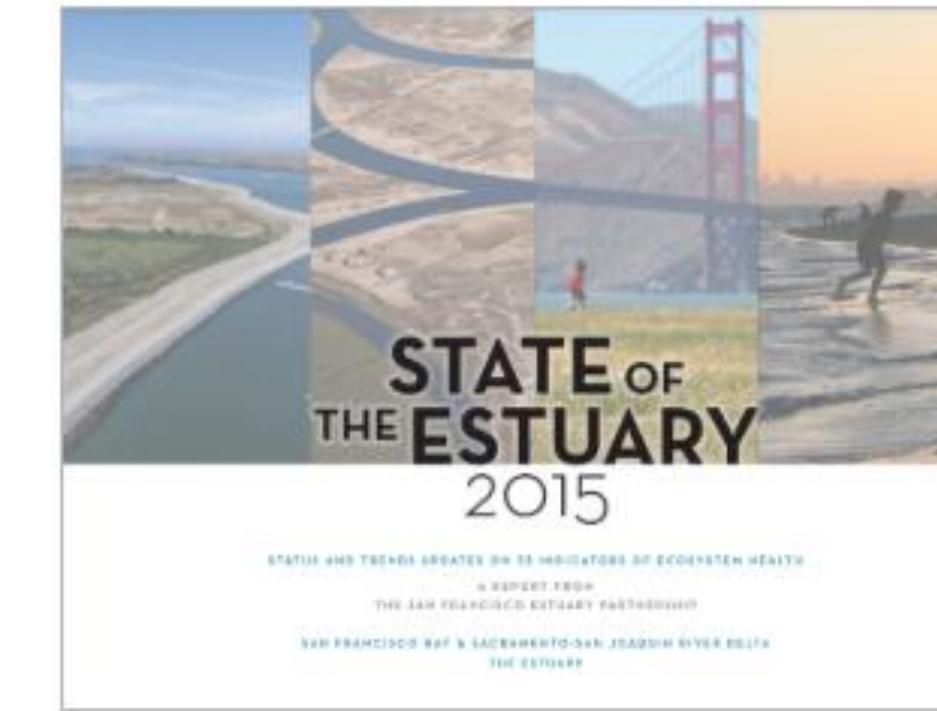
Introduction to OurEstuary.org



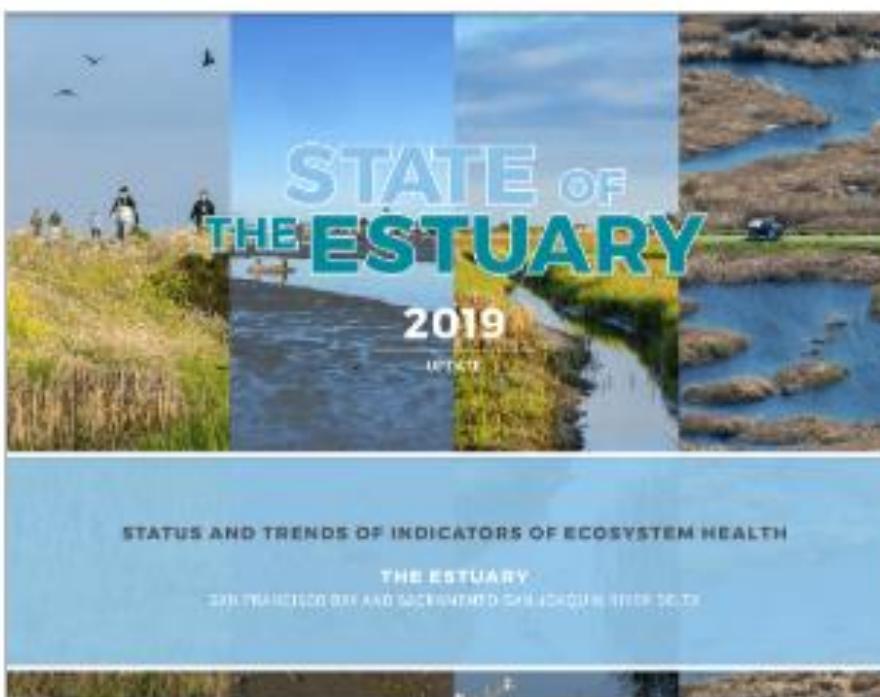
Tracking the Estuary's Health



2011 Report



2015 Report



2019 Update



State of Our Estuary website
(OurEstuary.org)



About the State of Our Estuary

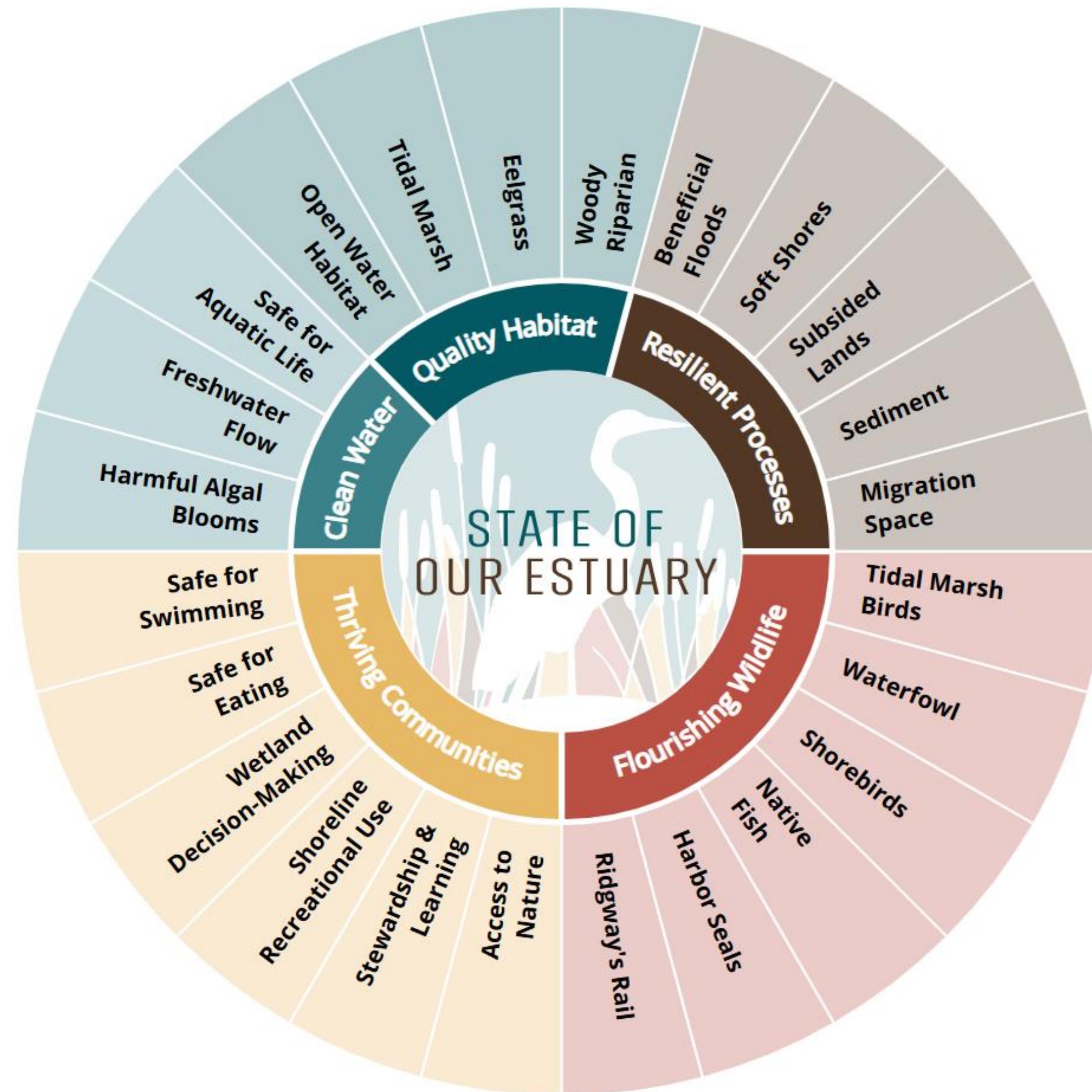


State of Our Estuary uses the best available scientific information on clean water, healthy ecosystems, and thriving communities to assess the health of the San Francisco Bay and Delta

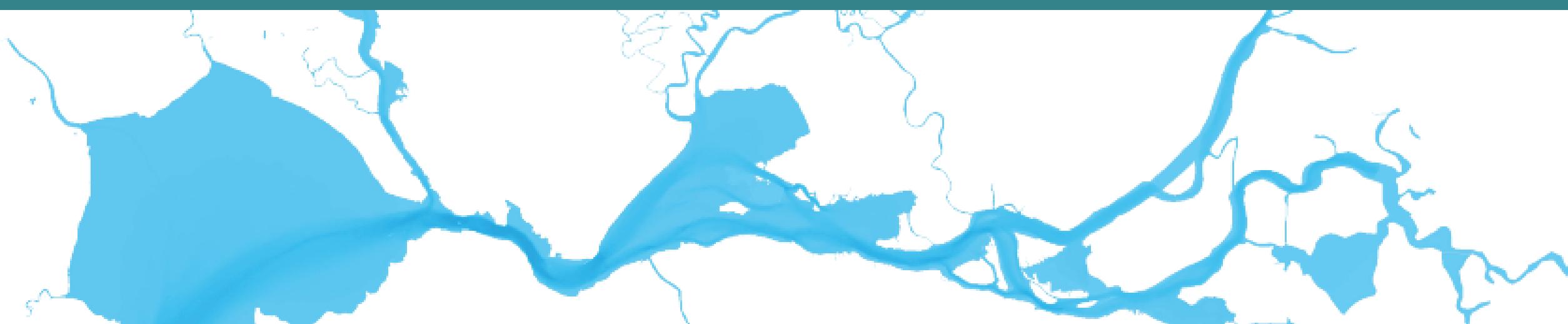
[LEARN MORE](#)



How Do We Measure Estuary Health?



24 Indicators



How Healthy is the San Francisco Estuary?

A healthy Estuary supports thriving habitats, wildlife, and communities. It sustains natural processes like floods and sediment transport, ensures clean water, and provides recreational opportunities.

The San Francisco Estuary is where the water of the Pacific Ocean meets the land. Since the 1970s, natural processes like floods and sediment movement have declined. With natural resources declining, the Estuary marked a turning point, beginning a new era of restoration, such as the Clean Water Act and the Bay Delta Conservation Plan.

Where the approaches to restoration and action, results are visible. Recovery of marsh-dependent birds, fish, and invertebrates is evident.

However, some pressures remain. Social and economic pressures, but long-lived freshwater issues, continue to make it all a challenge.

A high-level of concern is in

Above: The waters of the San Francisco Estuary, courtesy of SFEI.



STATUS

Good

Fair

Poor

TREND

Improving

No Change

Declining

Mixed

Not Available

Indicator	Definition	Status & Trend	Indicator Highlight	Last Update
Clean Water				
Freshwater Flow	Amounts, timing, and variability of freshwater flowing into the Estuary compared to the flows that would have occurred without dams and water diversions	ESTUARY 	 Freshwater flow to the Estuary has been reduced by nearly half.	2025
Safe for Aquatic Life	Concentrations of toxic pollutants in water and fish from the Bay	BAY 	 Over a hundred pollutants are routinely monitored and some are found to exceed regulatory thresholds in fish, endangering the health of the food chain.	2025
Flourishing Wildlife				
Native Fish	Abundance, species diversity, species composition, and distribution of native fishes in the San Francisco Estuary	BAY DELTA 	 Declines in native fish abundance and diversity are influenced by drought, reduced outflow, and poor recruitment for key species.	2025



TIDAL MARSH

Status & Trend

Latest Update: October 2025



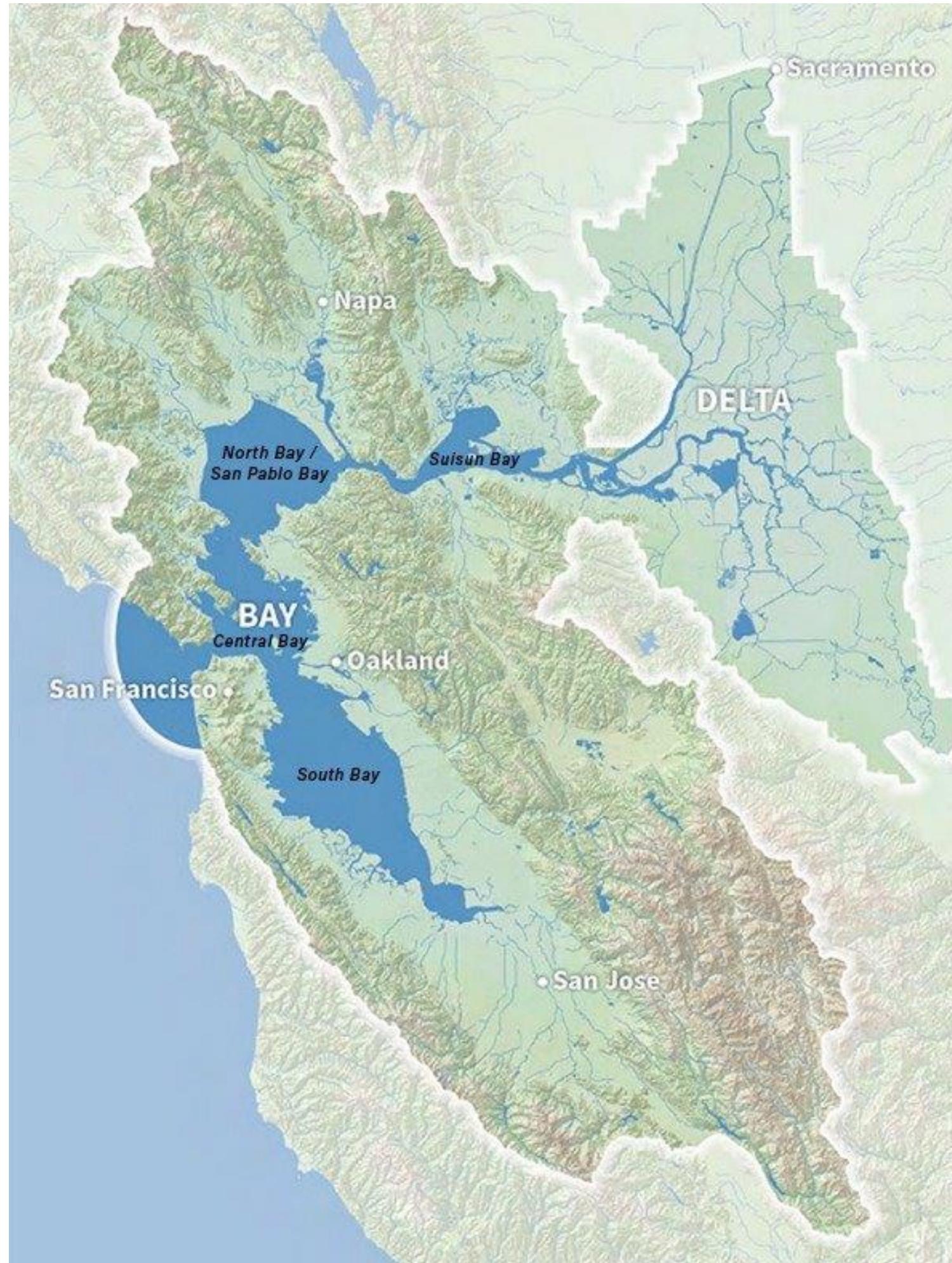
The acreage of tidal marsh in both the Bay and Delta is increasing, leading to Improving scores for both regions. The Bay is in Fair condition in terms of total acres, while there is still far too little marsh in the Delta, which warrants a Poor status. Tidal marsh extent in the Bay, including places that have been restored, has increased from about 52,800 acres in 2019 (see [State of the Estuary 2019](#)) to nearly 57,800 acres in 2024 (a 9.5% increase).

While there is far less tidal marsh in the Delta today, there has been a large increase in tidal marsh restoration in the last 5 years. The extent of tidal marsh in the Delta, including restoration projects, has increased from around 8,300 acres

The Estuary Scorecard

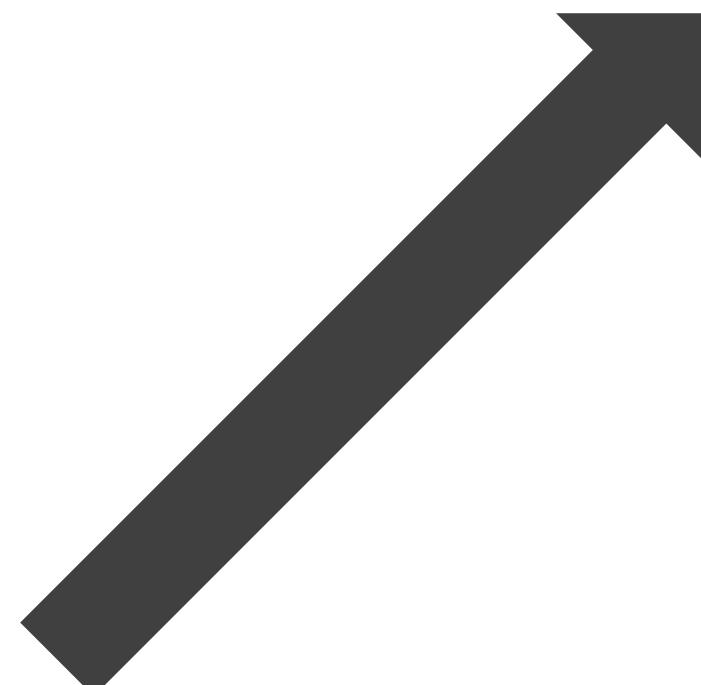


The Estuary and its Watershed



Map Credit: US GAO

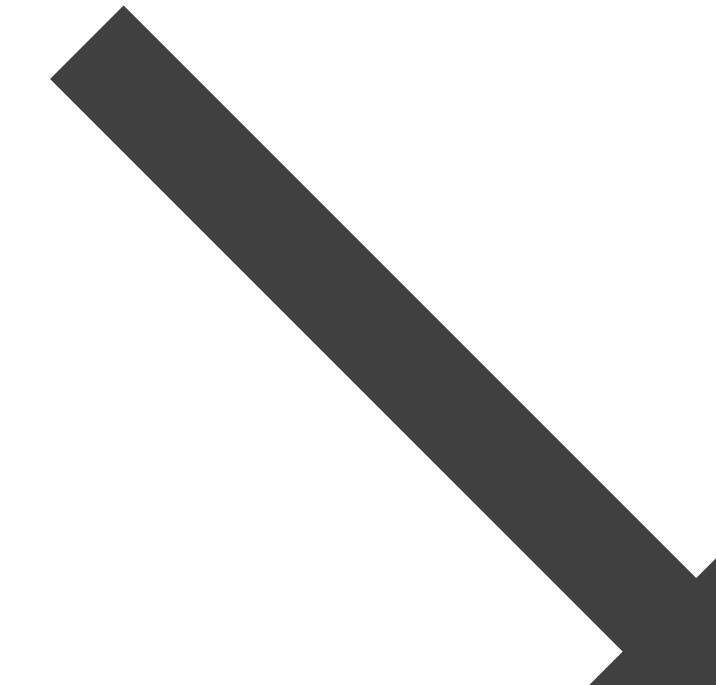
Reading the Scorecard



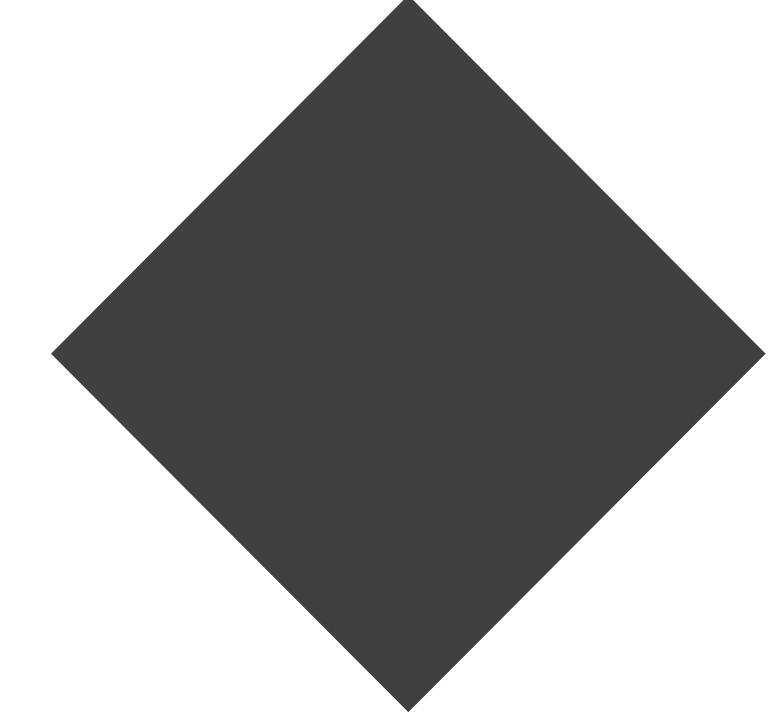
Improving



No Change



Declining



Mixed



Not Available

Key Takeaway

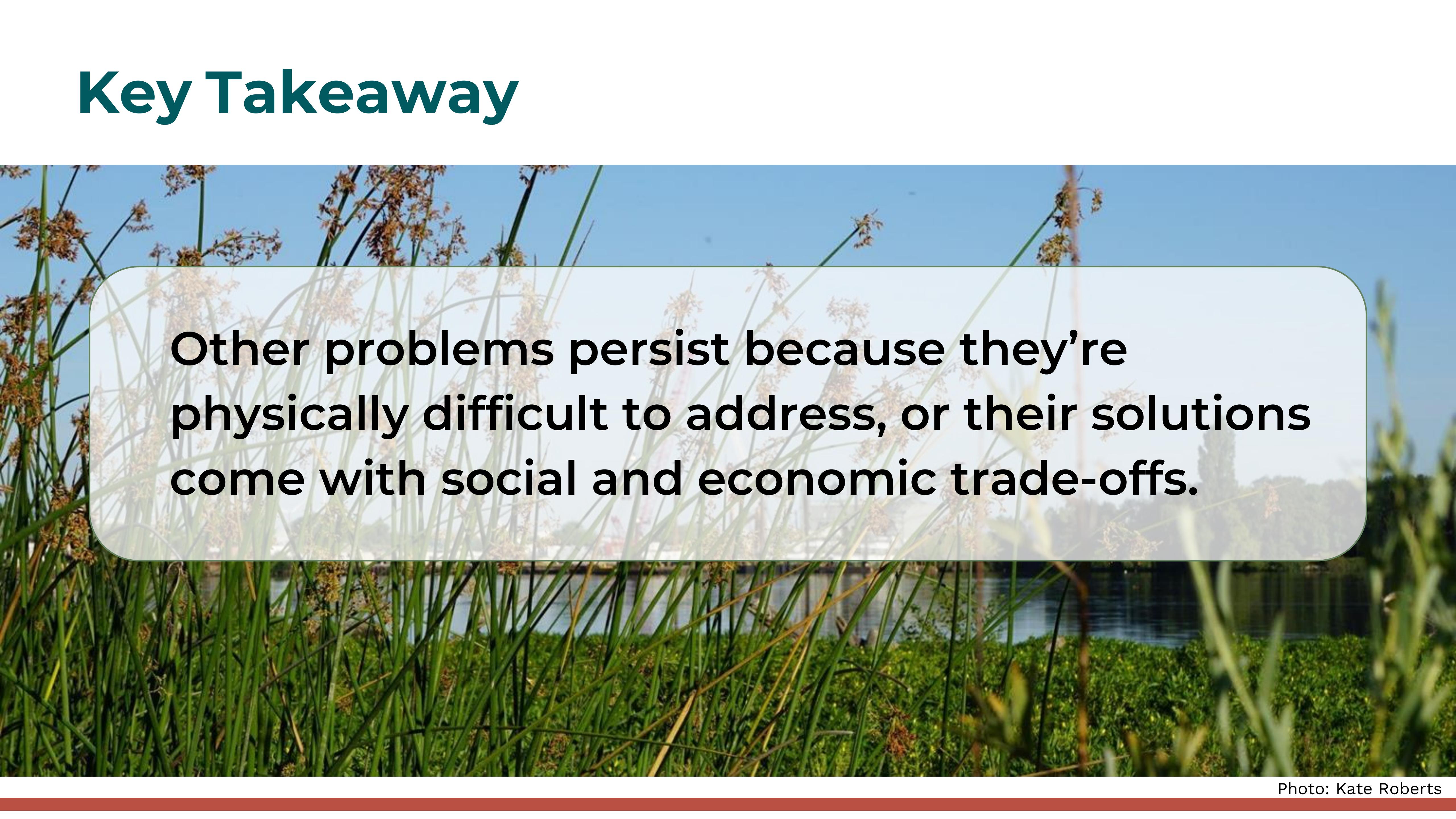
Where the approaches to restore ecosystem health are well-understood and managers have taken action on the ground, results are visible.



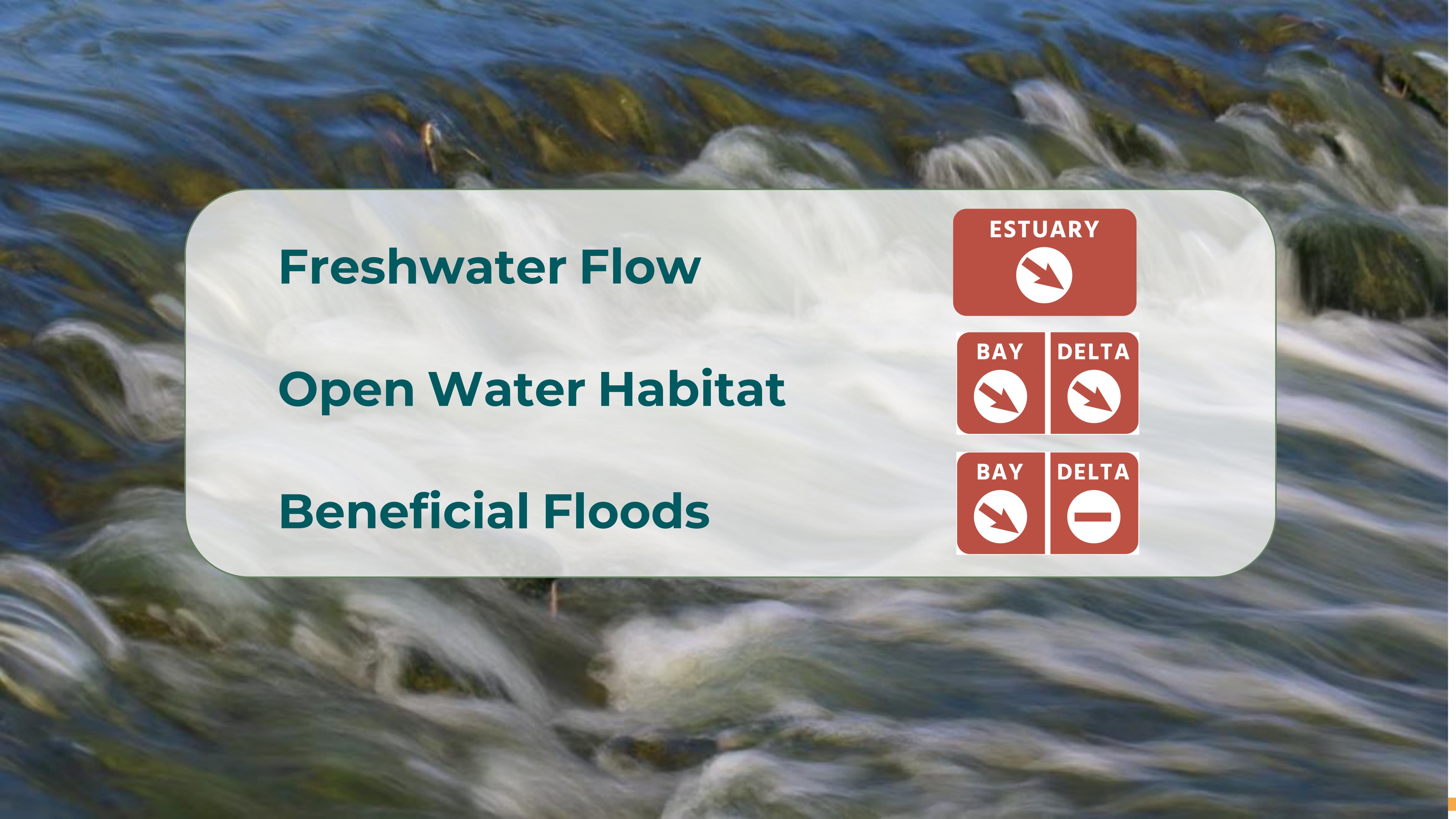
Tidal Marsh and Marsh Birds



Key Takeaway



Other problems persist because they're physically difficult to address, or their solutions come with social and economic trade-offs.

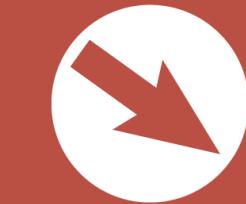


Freshwater Flow

Open Water Habitat

Beneficial Floods

ESTUARY



BAY



DELTA



BAY

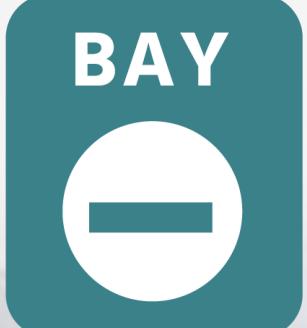


DELTA





Safe for Swimming



Safe for Aquatic Life

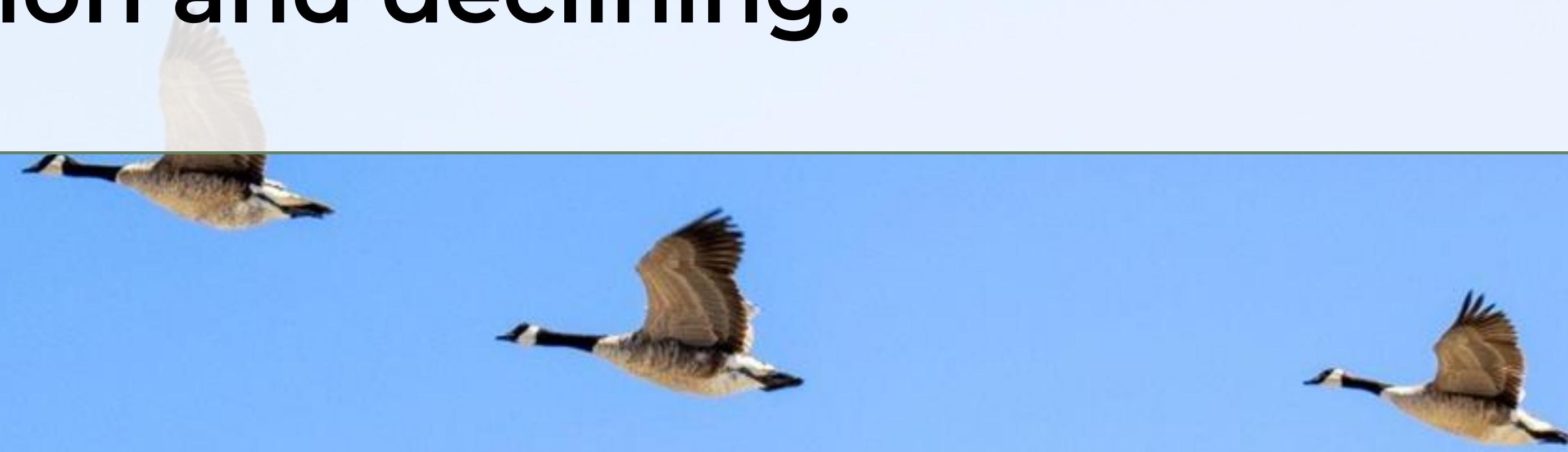


Fish Safe for Eating

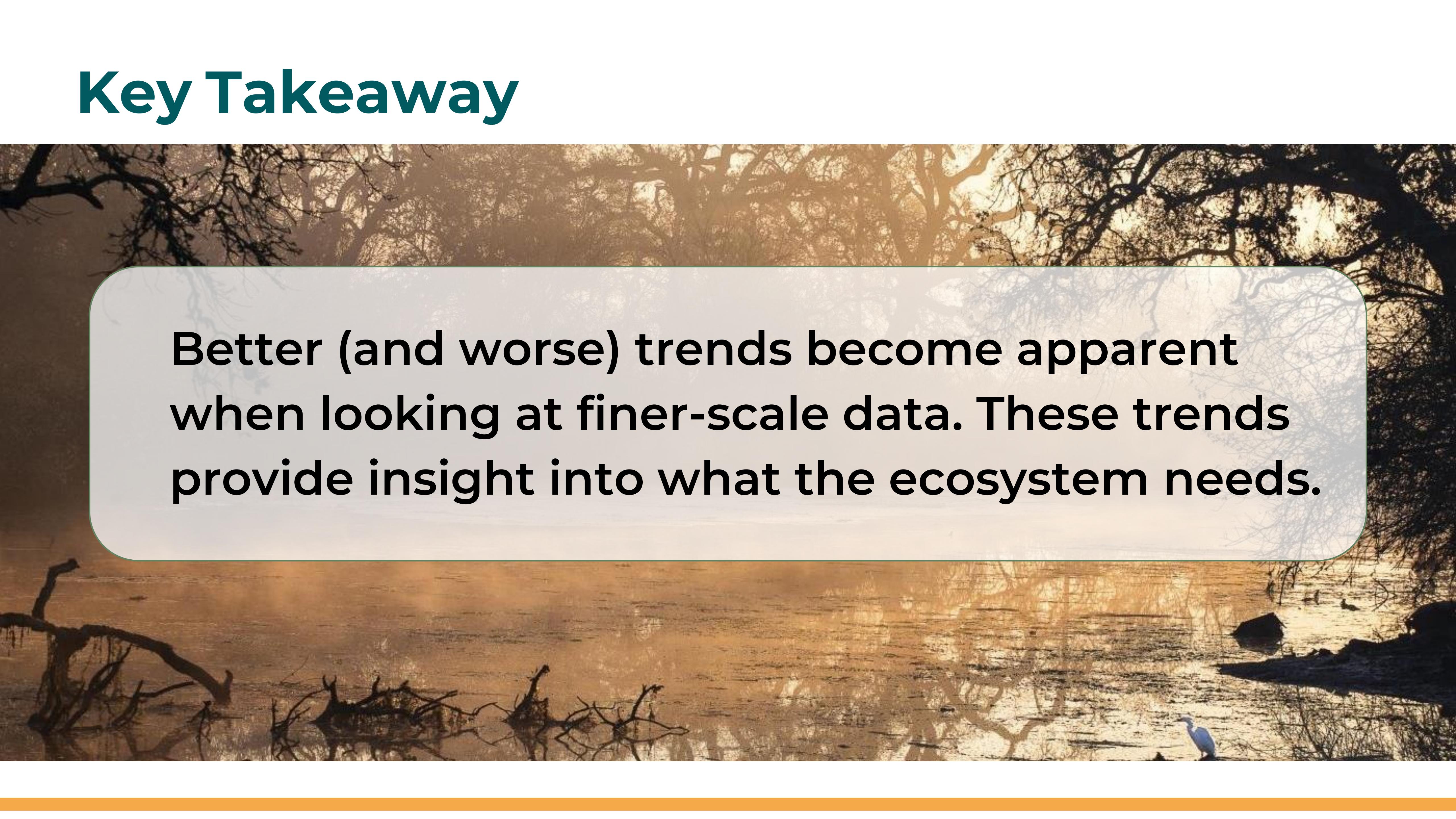


Key Takeaway

Most Bay indicators are in Fair condition and stable, while most Delta indicators are in Poor condition and declining.



Key Takeaway



Better (and worse) trends become apparent when looking at finer-scale data. These trends provide insight into what the ecosystem needs.

Waterfowl

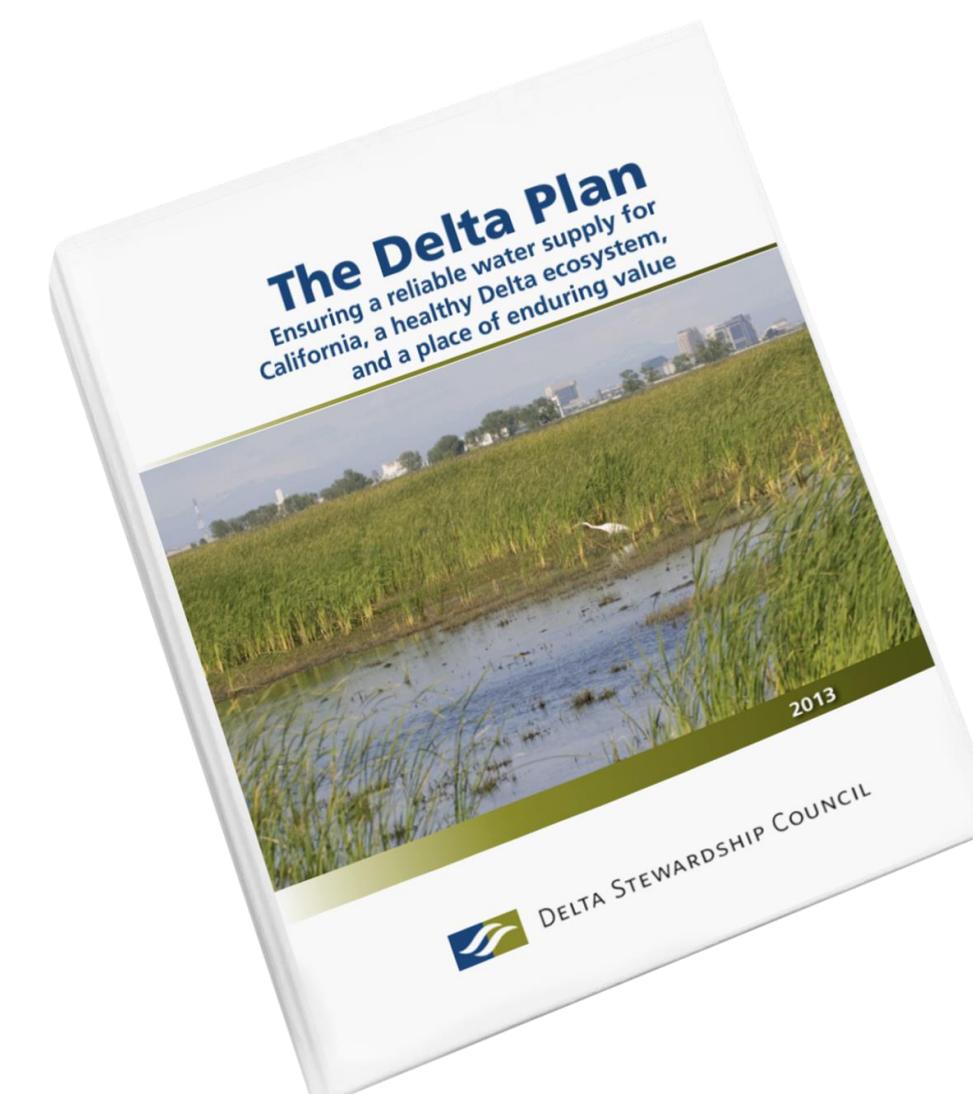
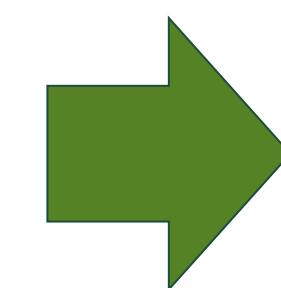
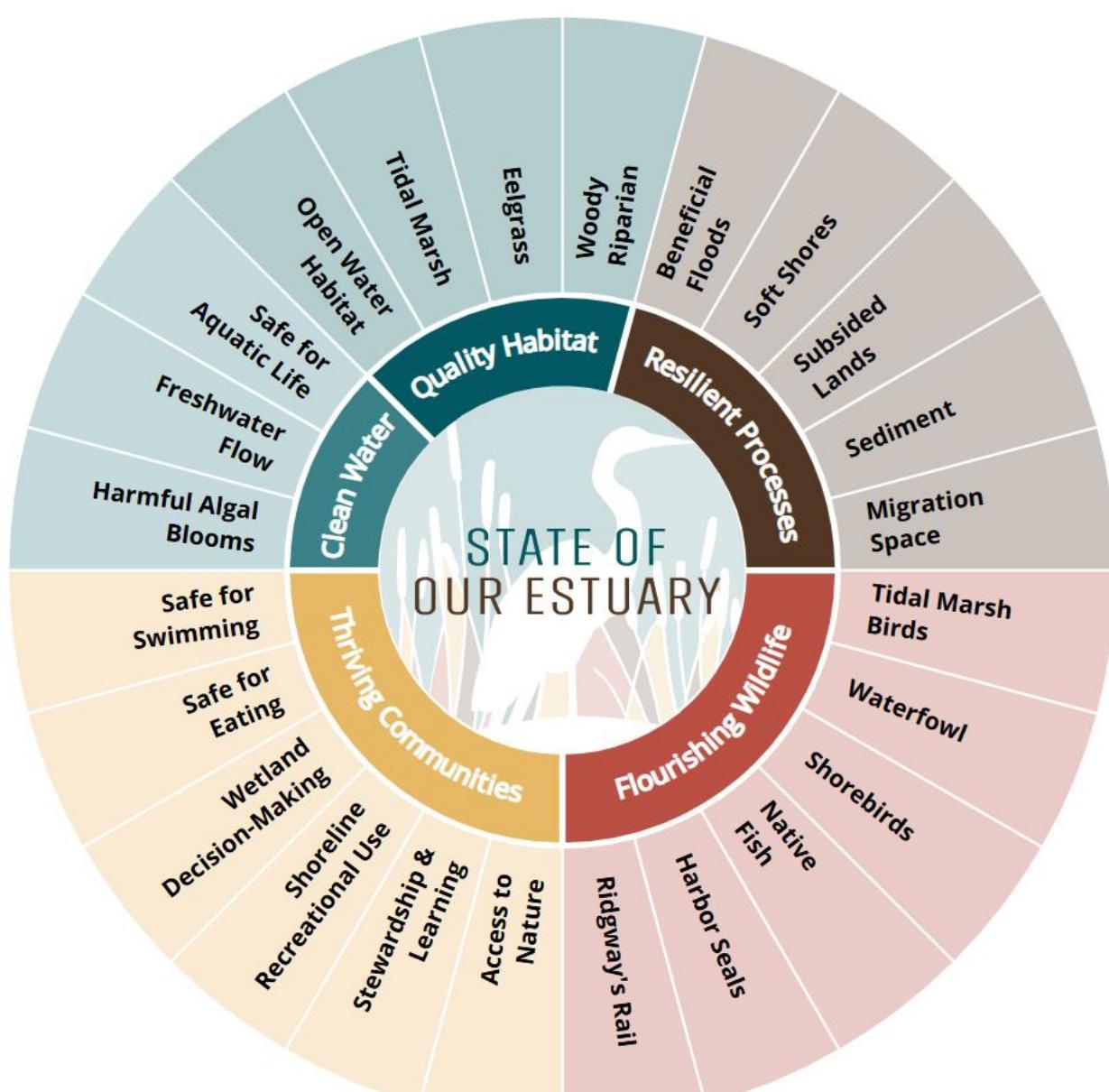


Fueling Regional Action

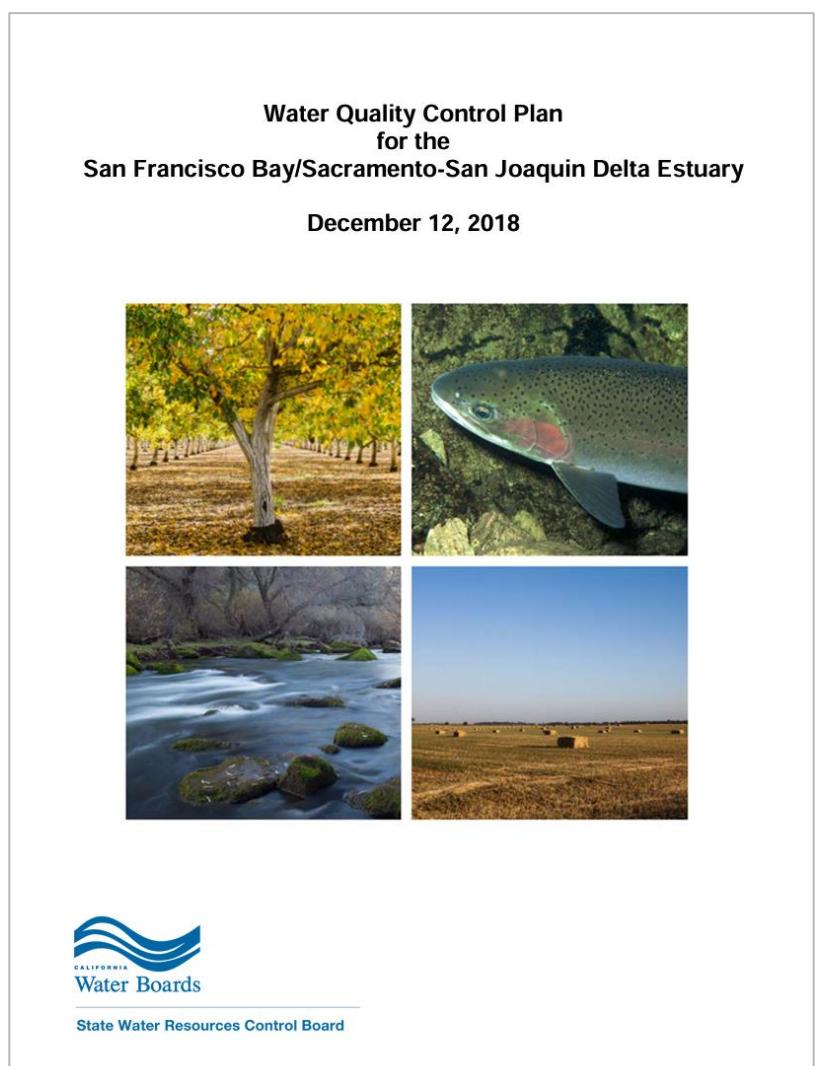
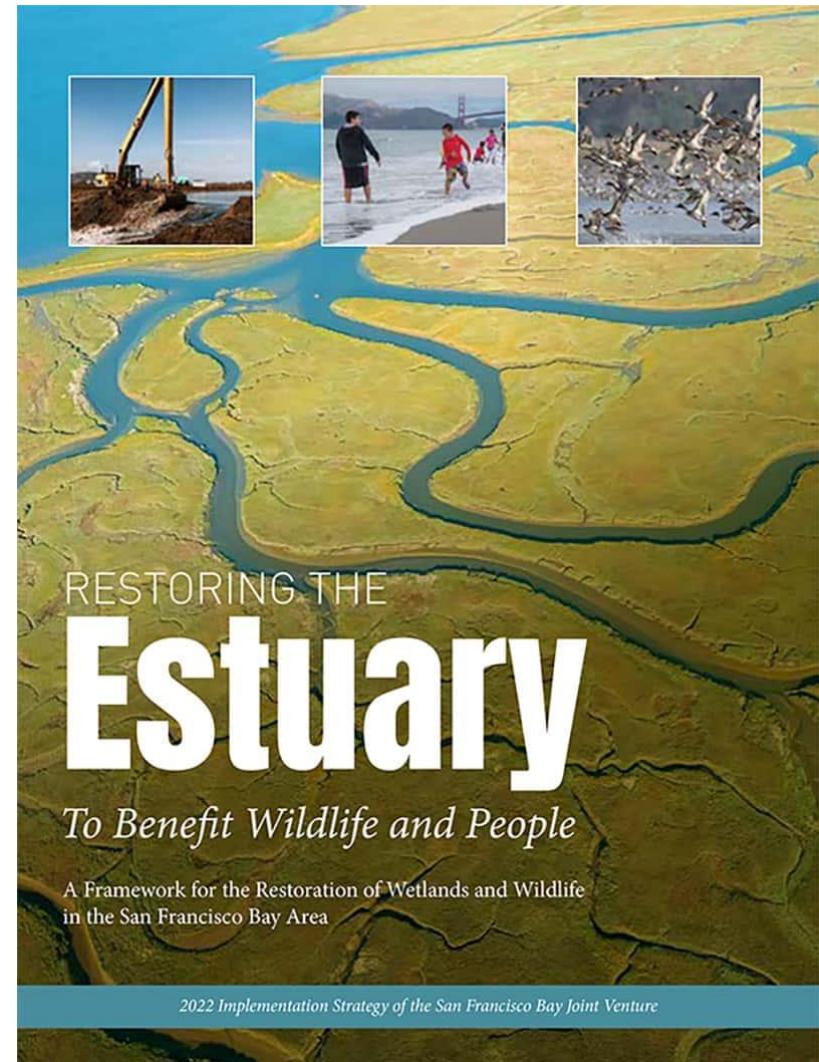
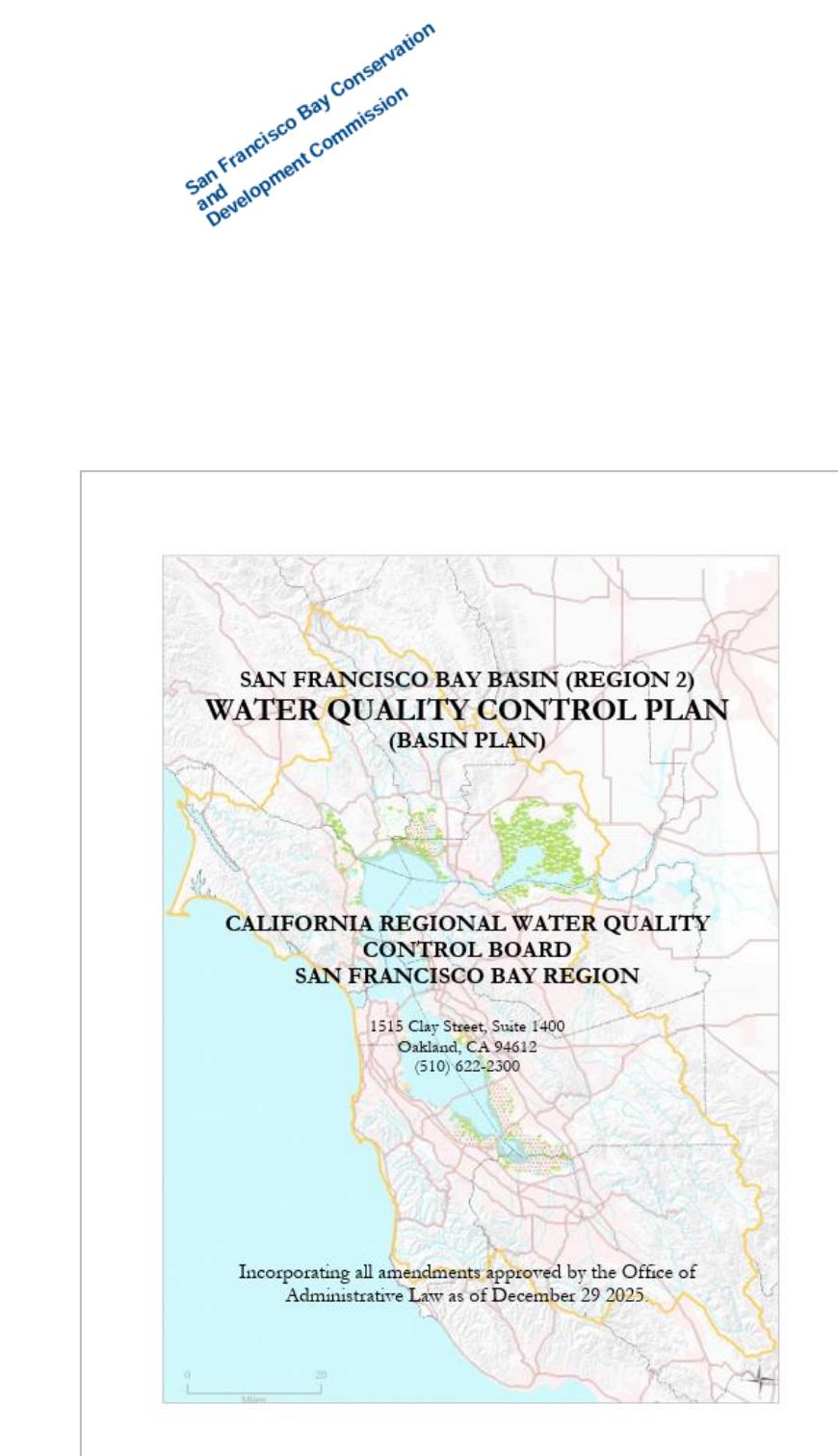


Photo: Shira Bezalel. Editing: Vanessa Lee, SFEI

Fueling Regional Action



San Francisco Bay Plan



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Thank You!



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